Name: $\qquad$
$\qquad$ Date: $\qquad$

## Energy

The ability to do $\qquad$ is energy.

Energy is also measured in $\qquad$ is stored energy.

> Gravitational Potential Energy is potential energy that depends on an $\qquad$
$>$ It is equal to the $\qquad$ in lifting the object
$>$ It can be calculated by multiplying the weight of the object by the height the object is lifted - $\mathrm{PE}=$ $\qquad$ $=$ $\qquad$

- $\mathrm{PE}=$ $\qquad$ $\left(\mathrm{g}=10 \mathrm{~m} / \mathrm{s}^{2}\right)$

is energy of motion
$>$ Kinetic energy depends on the $\qquad$ and the $\qquad$ of an object
$>$ It is equal to half of the mass of the object multiplied by the square of the speed
$>\mathrm{KE}=$ $\qquad$

1. Calculate the potential energy if $15 \mathbf{k g}$ is lifted to a height of 3 meters.
2. What is the kinetic energy of a 30 kg mass moving at $5 \mathrm{~m} / \mathrm{s}$ ?
3. Calculate the potential energy if $35 \mathbf{N}$ is lifted to a height of 7 meters.
4. What is the kinetic energy of a 100 kg mass moving at $2 \mathrm{~m} / \mathrm{s}$ ?

Energy cannot be created or destroyed; it may be transformed from one form into another or transferred from one object to another, but the total amount of energy never changes.

A. At which position is the kinetic energy the greatest?
B. At which position is the potential energy the greatest?
C. At which position is the kinetic energy the smallest?
D. At which position is the potential energy the smallest?
E. At which position is the speed the greatest?

Name: $\qquad$ Period: $\qquad$ Date: $\qquad$
Solve the following problems. Show your work. Include a label.

1. How much work is done when 50 N is lifted 2.5 meters?
2. Calculate work in the following situation: A force of 255 N acts through a distance of 6.5 meters
3. Calculate the potential energy if $35 \mathbf{~ k g}$ is lifted to a height of 3 meters.
4. What is the kinetic energy of a 90 kg mass moving at $3 \mathrm{~m} / \mathrm{s}$ ?
5. How much work is done when 60 N is lifted 5 meters?
6. Calculate work when a force of 300 N acts through a distance of 6 meters
7. Calculate the potential energy if $50 \mathbf{k g}$ is lifted to a height of 2 meters.
8. What is the kinetic energy of a 250 kg mass moving at $5 \mathrm{~m} / \mathrm{s}$ ?
