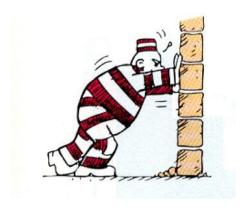
- Work is equal to a change in energy.
- We calculate work by multiplying the <u>force</u> exerted on an object by the <u>distance</u> the object moves <u>in the</u> <u>direction the force acts</u>



If the wall doesn't move,

no work has been done

Work = Force × Distance

- The amount of work applied depends on:
 - how much force is applied (<u>Newton</u>)
 - how far the force causes the object to move (<u>meter</u>)

The unit of work is a **Newton-meter** (N-m) or a **Joule (J)**

1) How much work is needed to lift an object that weighs 30 N to a height of 5 m?

$$W = F \times d$$

$$W = 30 N x 5 m$$

$$W = 150 J$$

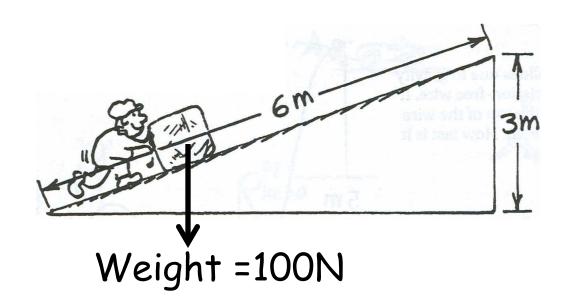
2) How much work is needed to lift an object that weighs 150 N to a height of 2 m?

$$W = F \times d$$

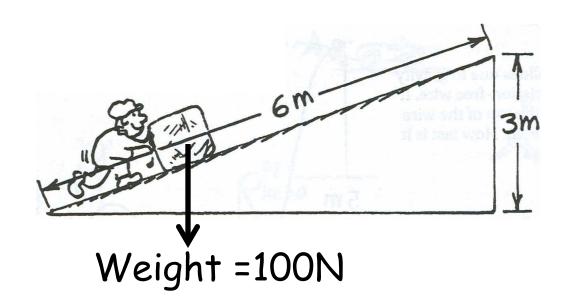
$$W = 150 N x 2 m$$

$$W = 300 J$$

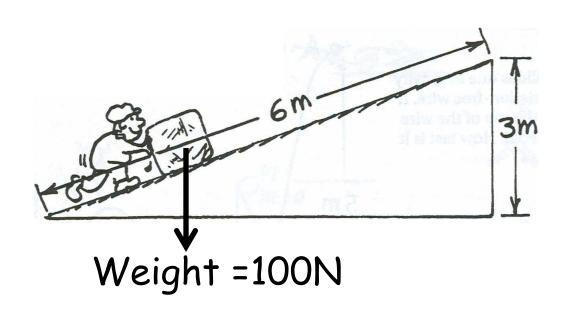
3) How much work is done if the 100N box is *lifted* to a height of 3 meters?



4) Does he have to apply the same force to <u>slide</u> it up the ramp?



5) How much force would it take?



Power

- Power is the rate at which work is done
- The equation for power is

Power =
$$\frac{\text{Work}}{\text{Time}}$$

- The unit for work is **Joule**
- The unit for time is <u>second</u>
- The unit for power is <u>Joule/second</u> which is called a <u>Watt</u>

Power

1. 400 Joules of Work are completed in 5 seconds. What is the power?

Power

2. A force of 300 N acts through a distance of 2 meters in 4 seconds. Calculate the work and the power.